

Terms and Conditions for Get Started 10-Week Online Exercise Programme

1. Programme Overview

The "Get Started" 10-week online exercise programme is designed to help participants establish a consistent exercise routine. The programme is delivered through an app and includes tailored workouts specific to Parkinson's-related needs. The total cost for the program is £120, payable in three instalments of £40 per month.

2. Payment Terms

Participants agree to make three monthly payments of £40 each. Full payment is expected to maintain access to both the programme and the app. Failure to complete a payment will result in immediate loss of access to the programme and the app.

3. Access to the Program

Participants are granted access to the programme and app upon making their first payment. If a participant fails to complete subsequent payments, their access will be revoked. Reinstatement of access will not be granted unless outstanding payments are settled.

4. Program Suspension and Pauses

If a participant is unable to complete the programme due to illness or injury, they must notify us. In most cases, we will allow them to pause their participation in the program.

The following conditions apply:

- If the participant is less than 4 weeks into the program, they may request to restart, but approval is at our discretion.
- Pauses cannot exceed 12 months. If a participant fails to resume within this time frame, they forfeit the programme, and any fees paid.
- No refunds will be provided for any reason.

5. No Refund Policy

No refunds are given under any circumstances. Once payments are made, they are non-refundable, regardless of programme completion (your statutory rights are not affected).

6. Discretion and Modifications

We reserve the right to modify the terms and conditions of the programme at any time, including our discretion regarding programme pauses, restarts, and other requests from participants.

7. Agreement to Terms

By enrolling in the "Get Started" programme, participants agree to the terms and conditions outlined above.

If you have any questions or need to contact us regarding the programme, please contact out to reachyourpeakonline@mail.com.